

# Explore your *family work scripts*

This exercise is an extract from the workshop "How to identify your career potential" by the School of Life. Read this article for more details:

<https://www.theschooloflife.com/article/how-parents-get-in-the-way-of-our-career-plans/>

## Part 1 |

What I might want to be or do:

My greatest suspicion, fear, insults around it:

## Part 2 |

In my family, we understood these jobs:

We didn't understand these jobs:

## Part 3 |

What my family would have liked me to be:

What they were very anxious about around careers, what made them nervous:

## Part 4 |

My family didn't succeed at:

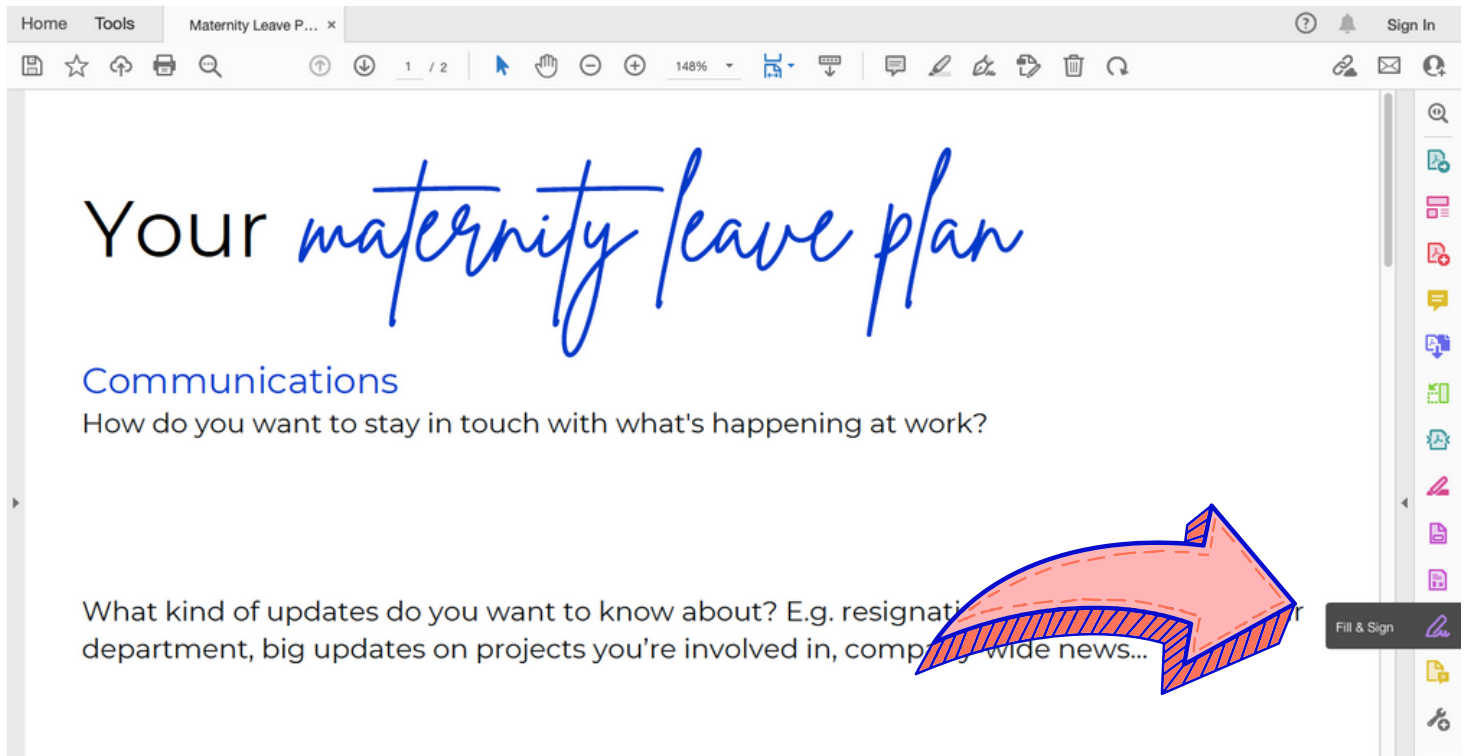
I would be doing better than my family if:



# How to *fill my worksheets*

If you can't or don't want to print the worksheets, you can use this FREE function available in Adobe Acrobat Reader (which I believe most people will have on their computers!)

## The "Fill & Sign" function



Click anywhere on the page to add a text box. You can also add other elements (crosses, ticks...), as well as circle or underline words. And don't forget to save!

